

# BROADFORD SECONDARY COLLEGE NEWSLETTER

#### 28th April 2023

## COMING EVENTS

No<sub>6</sub>

## PRINCIPAL'S REPORT

<u>MAY</u> Wednesday 3rd

Wednesday 10th X-Country–Colour Run

Project Ready Excursion

Friday 12th Yr 11 VM Ride To Zero Excursion

Monday 15th Yr 10 Immunisations

> Tuesday 16th Round Robin

Thursday 18th Yr 10 Educate Elevate Study Skills

Tuesday 23rd VCE Geography Excursion

#### <u>June</u>

Friday 2nd Pupil Free Day

SR X-Country (Yea)

Welcome to term 2. Tania Pearson will be on long service leave for the first two weeks of term. We wish her safe travels and look forward to hearing about her adventures. On Monday our School Captains led our students through our ANZAC assembly where they recited the ANZAC Requiem and The Ode. Danielle Spratling delivered a speech to the student body, explaining the significance of ANZAC day and wreaths were laid. We acknowledge the support of the School of Armour, Puckapunyal who conducted a Catafalque party as part of our Service.

On ANZAC Day, School Captains Danielle Spratling, Blake Inness and Jake Laurie read prayers as part of the Broadford ANZAC Service and, Bailey White laid a wreath on behalf of our school community.

At the Kilmore Service, School Captains Charlotte Gidman and Olivia Everitt represented us by laying a wreath. Thank you to all these students for representing the college over the past few days.

Our Year 7's headed off to Howqua on Wednesday morning for a three-day camp. All reports indicate that a great time was had by all. Thanks to Ms Correnti and Mr Willison for all the work they did to get this camp happening.

As we are faced with cooler autumn mornings can I please ask that parents check in with their students regarding uniform. Hoodies are a banned uniform item. Our uniform supplier "All Things Uniform" have a wide range of school approved jackets and jumpers. Please ensure you clearly label all uniform items so they can be returned if misplaced. We have many "un-named" jackets in our lost property!

Continue reading on page 2....

Pinniger Street PO Box 108 Broadford 3658 Tel: 03 5784 1200 https://broadfordsc-vic.compass.education/

Principal: Ms Tania Pearson

#### **PRINCIPAL'S REPORT CONTINUED**

Reno Lia will be commencing leave on the 8<sup>th</sup> May for the remainder of the year. During his absence Matthew Willison has been appointed as Acting Assistant Principal and Nick Egan will fill the role of Acting Junior School Manager. We wish Reno all the best and congratulate Matthew and Nick. In staffing updates we welcome Keren Roberts to the Integration Team and Melinda Gibbons will join our Math/Science teaching staff next week.

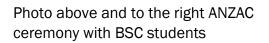
#### Mark Boland Acting Principal



Photo above J Laurie B White D Spratling and B Inness at the Broadford ANZAC day service

Photo to the right Gidman and O Everitt at the Kilmore ANZAC Day service





### Farewell to Mr Dennis.

At the end of term, a number of staff, as well as some ex students, joined Bryan Dennis to farewell him and wish him all the best with his move back to England. Mr Dennis will always be remembered for his tireless and passionate commitment to BSC and the students. He was a dedicated teacher (especially towards his Legal Studies classes), sports co-ordinator, leader of overseas trips, careers advisor...and so much more.



Lesley Champion (pictured) was one of the past students. She graduated in 2009, and came to wish him the best and remembers him as one of her favourite teachers. The admiration was certainly reciprocated.

# Homework Club

Do you need to complete work for your classes? Would you like help from an available teacher?

Why not consider attending Homework Club!

<u>When:</u> Mondays Lunchtime 1:15pm – 2:00pm Mondays After School 3:30pm – 4:30pm (with Ms Reid)

Where: Library (no school bags or food)

Contact Mrs Beedall if you have any questions.

#### Koorie Camp

In the last week of Term 1, six students and Mr Reid ventured to the Rubicon Valley for four days full of adventure, fun and an opportunity for students to reflect upon their Koorie heritage. They participated in canoeing, biking and worked with some Landcare volunteers at Eildon to plant a variety of seedlings as part of a revegetation program. These students will have the opportunity to return to Rubicon later in the year as part of a five-day program, which they are already starting to plan.











#### Japanese sister school visit.

After a pause of 3 years, visitors from our sister school in Japan – Katsuta High School will be coming back to BSC in term 3. This will be the 29<sup>th</sup> year of our sister school relationship so it will be great to welcome them back.

#### What does a sister school visit involve?

20 students and 2 staff from Katsuta will visit us for 4 nights. They arrive Saturday 29<sup>th</sup> July and will depart Wednesday morning on August 2<sup>nd</sup>. The students range from year 9 to year 11. They will stay with host families in our school community for the 4 nights. They spend the weekend with the host family and come into school on Monday and Tuesday to take part in activities with BSC students.

#### What does a host family have to do?

You need to be able to provide accommodation for a Japanese student for 4 nights. If you would like to host a Japanese student (or students) we ask you to have a current Working with Children Check. I will be asking for expressions of interest in upcoming newsletters and can assist anyone who needs help with this.

We will have profiles of all the students, so we can find out about dietary needs (or just what they like or don't like eating) as well as any necessary medical information, their hobbies and interests.

The students are here to practice their English. Though they may seem shy at first, they quickly develop in confidence as they get to practice their conversation skills with you. You don't need to plan activities and trips. They are here to experience life with an Australian family – so your usual weekend activities are all fine. Supermarket shopping, weekend sports and activities at home are all part of the experience.

Over the next few weeks I will be holding some lunch time meetings for students who would like to find out more information about what is involved. Students and families are also welcome to email me at school. I will be handing out expression of interest forms for students to take home. I can also email these to interested families if that is easier.

If you would like to find out more about offering to be a host family, please don't hesitate to contact me at school via phone or email.

Stephanie Paton Japanese teacher

Photo -Staff from our sister school – Katsuta High School in Japan. Principal Yoshikawa,

Mr Otta, Ms Nogami



#### Note from the wellbeing team:

Returning to school from holidays can bring many challenges including changes in sleep routine.

An effective evening routine and sleep can have a dramatic positive effect on the students wellbeing and academic performance.

• Sleep research suggests that a teenager needs between eight and 10 hours of sleep every night.

- Most teenagers only get about 6.5-7.5 hours sleep per night.
- Teen's body clocks naturally shift to make them feel tired later in the evening, but early school starts do not enable them to sleep in the mornings.
- Chronic sleep deprivation can have dramatic effects on a teenager's life, including affecting their mental wellbeing and reducing their academic performance at school.
- Smart phones and other devices used around bed time reduce sleep time.

Avoiding stimulants such as coffee, tea, soft drinks and energy drinks in the evening can help to promote better sleep.

For the full fact sheet please visit <a href="https://www.betterhealth.vic.gov.au/health/healthyliving/teenagers-and-sleep">https://www.betterhealth.vic.gov.au/health/healthyliving/teenagers-and-sleep</a>

Bronwyn Kinnear <sup>Wellbeing</sup>

#### WHAT CAN YOU DO TO GET YOUR CHILD TO SCHOOL?

- Act early if you are concerned, reach out to the school for help.
- Talk about the importance of showing up to school every day. Make this the expectation.
- Regular attendance at school sets up good behaviours for regular attendance at future workplaces and other life commitments.
- Don't let your child stay home unless genuinely sick. Complaints of headaches or stomach aches may be signs of anxiety.
- Reward appropriate behaviour and don't unintentionally reward unwanted behaviour by letting children who stay home have access to their devices and the internet.
  - Be sure to set a good example how you meet your commitments impacts on how they will meet theirs.

Becky Acott

**Re-Engagement Officer** 

#### IMMUNISATIONS

#### Year 10 Immunisations - Meningococcal ACWY

Meningococcal ACWY – single injection

Year 10 forms were handed out the other week. These need to be returned to the general office as soon as possible

The <u>Public Health and Wellbeing Regulations 2019</u> authorises secondary schools to provide their local council with student and parent/guardian contact information for any student scheduled to receive a vaccination. This information is only used to assist local councils to follow-up parents/ guardians of students with incomplete or missing immunisation consent forms.

#### What information is given to local council?

The school provides the following basic student and parent/guardian contact information to the local council immunisation service:

student name date of birth gender year level and class group parent/guardian contact details language(s) spoken at home.

#### Why does the school provide this information?

To improve communication with parents/guardians regarding their child's vaccination needs. To ensure all eligible students are offered the opportunity to access free vaccinations at school. To reduce the administrative burden on school staff to follow-up consent forms.

To eliminate manual data entry processes.

#### What do I need to do?

Read the information provided in your child's consent form and complete all sections. Return the immunisation consent form with all relevant fields completed to school, even if you choose not to consent for your child to be vaccinated as part of the secondary school immunisation program.

Your information will be provided to Mitchell Shire from 20<sup>th</sup> February 2023. If you do not wish for your details to be provided, please advise the school in writing before this date.

https://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools

## CSEF APPLICATIONS

Camps, Sports and Excursion Fund (CSEF) is available to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible. The annual amount is \$225 for secondary students. Eligibility date is 30th January 2023. Parent Applications **closing date is 23 June 2023.** Contact the General Office or download a form from <u>www.education.vic.gov.au/csef</u>

## CONVEYANCE ALLOWANCE

The conveyance allowance is a form of financial assistance to help families in rural and regional Victoria with the cost of transporting their children to their nearest appropriate school/campus. The conveyance allowance is available to eligible students travelling by public transport, private car and private bus. The conveyance allowance is also available to eligible students whose nearest school is not serviced by a free school bus.

#### Eligibility criteria:

The eligibility criteria varies depending on the type of school attended and where it is located.

Students attending a government or non-government school must:

- Attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance
  boundary
- reside 4.8km or more by the shortest practicable route from that school/campus attended
- be of school age (5 to 18 years old at time of application) and reside in Victoria.

Closing Dates: Term 1 – 17 March 2023

Term 2 - 02 June 2023

Term 3 – 25 August 2023

Term 4 - 24 November 2023

# Homegroup Monday mornings

Please note all students are required to attend homegroup every Monday.

Homegroup will now take place between Periods 2 & 3.

If you child does not attend they will be marked truant for this homegroup session.

If you have any questions regarding homegroup please contact Mr Lia Assistant Principal.





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# Bringing Up Great Kids Parenting group

Be the kind of parent you would like to be!

Learn more about

- Getting in tune with your child through mindfulness and reflection
- Understanding the why of your child's behaviour and how to bring in more calm
- Improving communication through understanding early brain development
- Ways that parents can care for themselves and find support when they need it





Wednesdays 10am-12pm FamilyCare, 64 High Street, Seymour Commencing 3 May - 7 June to register call **Central Intake 1800 161 306** 

For parents and carers with children up to 12 years old