

BROADFORD SECONDARY COLLEGE NEWSLETTER

No 4 17th March 2023

COMING EVENTS

March Wednesday 15th — Monday 27th NAPLAN

Friday 17th Hume Swimming

Young Females Leadership Program

Friday 24th
Community Pride Awards

Monday 27th
Mitchell Shire Youth
Group Lunch Activities

Out Of Uniform

Tuesday 28th Year 9 Outdoor Ed Excursion

Wednesday 29th Year 7 immunisations

> Thursday 30th Round Robin

Friday 31st Yr 8 Jigsaw Inventions Expo

APRIL Tuesday 4th Parent teacher interviews

Thursday 6th Last day of Term finish 2.30pm

PRINCIPAL'S REPORT

I trust you all enjoyed the long weekend and have returned to school refreshed and eager for the remaining 3 weeks of Term 1. The last day for Term 1 is Thursday 6th April and school will finish at 2:30pm. First day of Term 2 is Monday 24th April, followed by a public holiday on Tuesday 25th April for ANZAC Day. As the weather starts to cool down, can I remind families that Hoodies are not part of school uniform and will not be permitted to be worn. Uniform passes for Hoodies will not be issued, students will be requested to remove the item. A replacement school jumper will be offered for the day.

Welcome to new staff members Corryn Hicks and Landon Smith. Corryn will join the English and Humanities departments in an ongoing capacity and Landon is a replacement teacher.

Congratulations once again to Piper House for winning the Whole School Athletics Carnival last week. What a great day it turned out to be, with students dressing in house colours and participating in track, field, and novelty events. Food trucks and a free BBQ were available to all, and the weather was perfect. (See page 3 for photos) Good luck to all students who go onto the next round and compete against other schools.

NAPLAN commences this week for students in years 7 & 9 and will continue until 27th March. The test will be conducted online and is adaptive. This means that the questions on the test will adjust to the student's learning ability. Data from this test is extremely useful for staff when developing units of work and writing lesson plans to the level of all students within their classroom. Please encourage your child to do their best and to attend all sessions.

This year, rather than hosting an Open Night to prospective families, the school will offer 11 tours after hours and during the day. Tours will offer a personalised showcase of the college and the small groups will be conducive to questions being answered more thoroughly. To book a tour, please go through trybooking com.au

Continue reading on page 2...

Pinniger Street PO Box 108 Broadford 3658 https://broadfordsc-vic.compass.education/

Tel: 03 5784 1200

Principal: Ms Tania Pearson

PRINCIPAL'S REPORT CONTINUED

For everyone's safety, please refrain from dropping off and picking up students at the front of the school. This area is reserved for buses only. To avoid unnecessary accidents, drop offs and pick ups can safely occur on either White St or Pinninger Street.

Once again, I invite parents and students to nominate a staff member for "Staff Member of the Month". If you would like to let me know of how a staff member has gone above and beyond their normal day to day duties, please send your nominations to: tania.pearson@education.vic.gov.au

Sleep Health for Students

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- · low mood and irritability during social interactions
- · reluctance or arguing about getting off devices and going to bed
- · falling asleep during the day
- · difficulties waking up for school and sleeping in late on weekends to catch up
- · changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- · establishing a regular sleep pattern and consistent bedtime routine
- · supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- · encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or waking unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to: Sleep tips for children and Facts about sleep for parents and school staff, from the Sleep Health Foundation · Why sleep is so important, from the Kids Helpline's · Sleep explained, from the Better Health Channel.

Child Safe Standards

The school is currently updating our policies around the child safe standards. Any parents who are interested in these can contact any of our school councilors, check our policies on our website or call the general office who can give you more information.

Tania Pearson

SCHOOL CAPS

New style baseball caps are now available at the Uniform Shop in Broadford.

Students now have 3 styles to choose from....

Trucker cap \$16.00 Flexi Cap \$38.50 Regular Cap \$16.00 (available from school office)





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2023 ATHLETICS











VET HOSPITALITY

VET Hospitality students had an exciting and very busy day preparing for opening night at Marlhes Restaurant on the 1st March.

Staff from BSC were lucky enough to book a table at the restaurants opening night.

The theme for the night was Italian. Our students should be very proud of themselves, the service was attentive, students were quick to take care of customers' needs and what can I say the appearance of the food was divine and did not disappoint it was scrumptious!!

I would highly recommend going out for dinner at Marlhes not only to support our dedicated students but also for a delicious meal.















ABOVE FROM LEFT Charlotte Hess, Toby Petersen, Shaneequah Bridges, Chanel Collins, Sophie Wood, Clare O'Donnell, Hayleigh Land



Angelo visited
Belinda to discuss
pathway options to
become a racing
Greyhound.

School Tours of BSC

This year Broadford Secondary College invites families to book a tour of our school to see our facilities, learn about our programs and have an opportunity to ask any questions you might have about the move from primary to secondary school for your child.

These tours will replace our annual Open Night and every family will receive an information pack on arrival.

We look forward to welcoming you into our school.

https://www.trybooking.com/CGKBB

Cathy Coppinger
Assistant Principal

CSEF APPLICATIONS

Camps, Sports and Excursion Fund (CSEF) is available to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible. The annual amount is \$225 for secondary students. Eligibility date is 30th January 2023. Parent Applications closing date is 23 June 2023. Contact the General Office or download a form from www.education.vic.gov.au/csef

IF I'M NOT AT SCHOOL, WHAT DO I MISS OUT ON?

You miss out on all the big stuff – class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge. Being away means you miss out on the content altogether or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out hanging out with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections. Believe it or not, everyone wants you at school and it really is better when you attend.

Becky Acott

Re-Engagement Officer



Do you need to complete work for your classes? Would you like help from an available teacher?

Why not consider attending Homework Club!

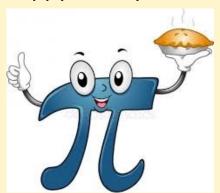
When: Mondays Lunchtime 1:15pm - 2:00pm

Mondays After School 3:30pm - 4:30pm (with Ms Reid)

Where: Library (no school bags or food)

Contact Mrs Beedall if you have any questions.

Happy Pi Day!!!





Pi is defined as the ratio of a circles circumference to its diameter, and is an infinite decimal that starts with 3.1415926535...so because March is the third month, and Tuesday was the 14th day, this week BSC celebrated the most delicious number, π (Pi).

The Circle Estimation Challenge was won by Karisma Tarrant, Heidi Hanneman, Jaedon McCrum, Andrew Riddell, Liam Johns-Muleta, Abigail Delany, Matthew Harrison, and Dylan Galea.

Piper won the no-hands Pie Eating Relay Race, but only by a very narrow margin. Year 12s got had a Scavenger Hunt, and were rewarded with Nutella or Apple pies.

Erin Burton

Year 12 Coordinator, Maths Teacher





IMMUNISATIONS

Year 7 Immunisations - Human papillomavirus (HPV) vaccine update

From 6 February 2023, the dosing schedule for the human papillomavirus (HPV) vaccine, Gardasil®9, has changed from two doses to a **single dose** for most people.

The schedule has not changed for immunocompromised people, who may still need three doses of HPV vaccine.

The change is based on advice that a single dose of HPV vaccine provides about the same protection as two doses. You can find out more information at the Better Health Channel here.

What do you need to do?

Your council immunisation service will seek your consent for vaccinations given at school as usual. If you have already given consent for your child's HPV vaccination, and agree to your child having a single dose of Gardasil®9 vaccine instead of the previous two doses, you do not need to take any further action.

If you would like to discuss the change, or clarify any information contained in this message please contact your local council before your child's vaccination session.

Mitchell Shire Council Immunisation Department

113 High Street, Broadford, 3658

Phone: 03 / 5734.6355

Email: immunisation@mitchellshire.vic.gov.au

Year 10 Immunisations - Meningococcal ACWY

Meningococcal ACWY - single injection

Year 10 forms were handed out the other week. These need to be returned to the general office as soon as possible

The <u>Public Health and Wellbeing Regulations 2019</u> authorises secondary schools to provide their local council with student and parent/guardian contact information for any student scheduled to receive a vaccination. This information is only used to assist local councils to follow-up parents/guardians of students with incomplete or missing immunisation consent forms.

What information is given to local council?

The school provides the following basic student and parent/guardian contact information to the local council immunisation service:

student name date of birth

gender

year level and class group

parent/guardian contact details

language(s) spoken at home.

Why does the school provide this information?

To improve communication with parents/guardians regarding their child's vaccination needs.

To ensure all eligible students are offered the opportunity to access free vaccinations at school.

To reduce the administrative burden on school staff to follow-up consent forms.

To eliminate manual data entry processes.

What do I need to do?

Read the information provided in your child's consent form and complete all sections.

Return the immunisation consent form with all relevant fields completed to school, even if you choose not to consent for your child to be vaccinated as part of the secondary school immunisation program.

Your information will be provided to Mitchell Shire from 20th February 2023. If you do not wish for your details to be provided, please advise the school in writing before this date.

https://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools

CONVEYANCE ALLOWANCE

The conveyance allowance is a form of financial assistance to help families in rural and regional Victoria with the cost of transporting their children to their nearest appropriate school/campus. The conveyance allowance is available to eligible students travelling by public transport, private car and private bus. The conveyance allowance is also available to eligible students whose nearest school is not serviced by a free school bus.

Eligibility criteria:

The eligibility criteria varies depending on the type of school attended and where it is located.

Students attending a government or non-government school must:

- Attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary
- reside 4.8km or more by the shortest practicable route from that school/campus attended
- be of school age (5 to 18 years old at time of application) and reside in Victoria.

Closing Dates: Term 1 – 17 March 2023

Term 2 - 02 June 2023

Term 3 - 25 August 2023

Term 4 - 24 November 2023

Homegroup Monday mornings

Please note all students are required to attend homegroup every Monday morning this begins at 9.00am and is finished by 9.15am.

If you child does not attend they will be marked truant for this homegroup session.

If you have any questions regarding homegroup please contact Mr Lia Assistant Principal.

OPEN SPACES IN OUR COMMUNITY HELP US TO BE

HEALTHY & ACTIVE

WE WANT TO KNOW WHAT YOUR SCHOOL GROUNDS MEAN FOR YOU!





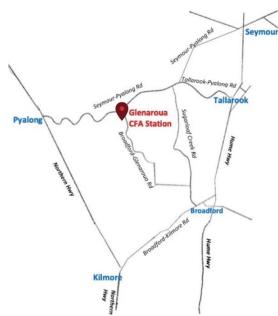
HELP US MAKE
COMMUNITIES
HEALTHEIR BY
ANSWERING THIS
SHORT & FUN SURVEY!!





Art 4 CFA GLENAROUA EASTER 2023

Art Exhibition | Gold Coin Donation Entry
Opening Night, Thurs. 6th April
Music and drinks from 6.30pm



FRI. 7TH TO SUN. 9TH APRIL
10 AM TO 4 PM
LAST DAY, MON. 10TH APRIL
10 AM TO 1 PM

- 1305 Broadford-Glenaroua Rd, Glenaroua VIC 3764
- (1) Like us at Facebook Art4CFA

2023 BROADFORD NETBALL CLUB





REGISTRATION WILL BE CLOSED BY 10TH APRIL